From the Principal

Science Technology Engineering Mathematics (STEM)
East Adelaide School along with the other schools in the Morialta Partnership has committed to a STEM focus as part of our strategic plans.

STEM is the integration of science, technology, engineering & mathematics using an inquiry approach.

As part of the Norwood Morialta work in STEM, the primary schools have been invited to send up to 6 students each week for a period of 5 weeks to work alongside the year 10 STEMSEL group. This group will mentor primary students to design, build and program microcontrollers in response to real world problems that improve human and environmental wellbeing.

EAS has targeted year 5 students. The first session took place yesterday. Below are some photos of students at work with their mentors.

We look forward to keeping you informed as to our work in this area.

Pastoral Support
Sadly I report to you that Amy is having to end her time with us as our Pastoral Support Worker. Today is her last day with us.

A process will be undertaken to fill the vacancy for the remaining two years of the contract.

School External Review
On Tuesday 3 and Wednesday 4 May, we are part of an external review.

Site Improvement Plan
Please refer to the school website to sight the priorities of our Site Improvement Plan.

These priorities are based on the analysis of data including, NapLan, PAT reading and PAT Mathematics. Governing Council, through the Education sub committee have had input in term 4. If you would like to provide feedback please do so via email dl.1036.info@schools.sa.edu.au

Harmony Week
We have celebrated Harmony Week in a range of ways this week including the naming of the gym after Uncle Lewis Yerloburka O'Brien.

Uncle Lewis is a Kaurna elder and an old scholar of East Adelaide School. Uncle Lewis, Eddie Peters, Nathan May, Pam and Sukhvinder Singh, Simi Vuata and many parents and friends have worked with classes across the school to strengthen unity and celebrate diversity across our community.

I thank everyone for their participation.

Vicki Stravinski

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Dates to Remember

- **Tuesday 22 March**
  7.00pm Governing Council Meeting

- **Friday 1 April**
  9.00am Assembly hosted by School Ambassadors

- **Friday 25 March**
  Good Friday

- **Monday 28 March**
  Easter Monday

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WHAT’S INSIDE

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<thead>
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</thead>
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<td>After School Sport News</td>
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<td>Physical Education News</td>
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<td>Be Active Sports Day Programme</td>
<td>6</td>
</tr>
<tr>
<td>SAPSASA Swimming News</td>
<td>7</td>
</tr>
</tbody>
</table>
Absentee Phone Number
East Adelaide has a direct line for advising when your child will be absent from school. The number to call is **8362 4164**.
This number will go direct to a message asking you to leave the following details:
- Child’s name
- Room number
- Reason for their absence (sick/family)
- Duration of absence
If you need to speak with a staff member, please ring the office number on 8362 1622.

Pupil Free Days
OSHC are taking bookings now for the pupil free days on Tuesday 14 June and Monday 28 November, along with the school closure day on Friday 2 September. Email **steph.thomas139@schools.sa.edu.au** or call 8362 6585 to make a booking

Scholastic Book Club
Order and pay online [www.scholastic.com.au/loop](http://www.scholastic.com.au/loop) or download the app from the App Store. All orders need to be completed by Tuesday 22 March.

Excursions / Events
21 March
- Sticks and Stones Performance
- National Young Leaders Day
24 March
- Sprout Cooking School
  - Rooms 9,10, 25 and 26
1 April
- Marine Discovery Centre
  - Rooms 14 and 24

Student Health
We have had a confirmed case of Hand, Foot and Mouth Disease. Symptoms include a slight fever, tiredness, loss of appetite, blisters in the mouth and on the hands and feet and a sore mouth for a few days before the ulcers or blisters appear. Affected young children may refuse to eat or drink.

Incubation period (time between becoming infected and developing symptoms) 3-5 days.

Infectious period (time during which an infected person can infect others) - as long as there is fluid in the blisters. The faeces can remain infectious for several weeks.

Treatment - usually none is required. Use of paracetamol for the fever and any discomfort may be indicated.

Control of spread - Exclude from school until all blisters have dried. The blisters should not be deliberately pierced or broken because the fluid within the blisters is infectious. The blisters will dry naturally.

Do you have a child due to commence school in Reception 2017?
If you have not already enrolled your child, please see Linda in the front office for an enrolment form.

2016 ICAS
In 2016, the International Competitions and Assessments for Schools are available for students in years 3 – 7 in the following subjects:
- Science Tuesday 31 May $8.00
- Spelling Wednesday 15 June $11.00
- Mathematics Tuesday 16 August $8.00

These assessments are not funded by the school. Parents wishing for their child to participate in any of these assessments will need to complete an application form. Forms are available from the Community Noticeboard in the school front office. Entries with payment need to be submitted to the uniform shop during normal opening hours. The last date for entries is Friday 8 April.

Congratulations
Room 10 student Akshat has won a free Science show from Mobile Science Education for his class. The class will explore new Science activities and different experiments suitable to their age.

2015 Carols Evening Photos
We have received digital images of the photos taken at the 2015 carols evening. Proof sheets are available for viewing at the front office. Parents may complete an order form to indicate which images they would like. Please provide a USB with your order form, and the school will copy the images for you. Collection dates will be advised at time of ordering.

Road Crossing Monitors

<table>
<thead>
<tr>
<th>Week 8</th>
<th>8.30 - 8.50am</th>
<th>3.10 - 3.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vasileia M</td>
<td>Jasmin O</td>
<td>Matthew J</td>
</tr>
<tr>
<td>Charli S</td>
<td>Grace K</td>
<td>Esther C</td>
</tr>
<tr>
<td>Isla T</td>
<td>Lara S</td>
<td>Imogen F</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 9</th>
<th>8.30 - 8.50am</th>
<th>3.10 - 3.30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emma H</td>
<td>Erin S-J</td>
<td>Alanna H</td>
</tr>
</tbody>
</table>
Wellbeing at East Adelaide School
Well done to everyone on a wonderful Harmony Week. A special ‘thank you’ to the Harmony committee and room 8 and room 10 students for a fantastic school assembly today. They brought our school community together in the spirit of this important national acknowledgement of our cultural heritage.

Harmony Day Monday 21 March
Harmony Day is held every year to coincide with the United Nations International Day for the Elimination of Racial Discrimination. The message of Harmony Day is everyone belongs. It’s a day to celebrate Australia’s diversity - a day of cultural respect for everyone who calls Australia home. This week we have celebrated Harmony through discussions, activities, creating art with our buddies and by showing kindness to one another. Go to http://www.harmony.gov.au/ for more information.

Wall of Gratitude
The wall is located opposite the canteen and it is a place for our school community to record what we are thankful and appreciative of. In the spirit of Harmony Day, this Wednesday students again had the opportunity to express their gratitude. Make sure you stop and have a read!

National Day of Action Against Bullying
Friday 18 March
After a week of Harmony activities filled with positive messages and buddy class activities, today was also a time for our school community to acknowledge the harmful effects of harassment and bullying. The message of the ‘National Day of Action Against Bullying’, now and in the future, is quite empowering for all children. It is that we must ‘take a stand together against bullying at school, in the classroom and beyond’. As part of recognising the significance of the day, years 4-7 participated in DECD online training about cyber-bullying. All classes are working towards the safe and ethical use of ICT as they continually reflect on the ICT user agreements over the school year.

Grievance Procedure for students: Flow Chart
It was timely for students to revisit these as part of Harmony Week. Wonderful year 5 students in Room 20 were able to speak with every class in the school about how to use this flow chart effectively. It is displayed in each classroom to help children if they have a problem at school and to ensure that they feel safe. Below is a summary of how the flow chart should be used:
- If someone is being unkind to you –Step 1: Talk to the person and tell them to stop
- If someone continues to be unkind to you, this is called ‘HARRASSMENT’ –Step 2: Talk to both a yard duty teacher and your classroom teacher
- If someone is being unkind to you on a daily basis and this is causing you hurt, this is called ‘BULLYING’ –Step 3: With your teachers’ assistance you can talk to a member of the leadership team (Vicki, Kate and Lucia)
- If you are having trouble talking to a teacher about the problem –Step 4: Talk to your parents and ask them to talk to your teacher
- If the bullying doesn’t stop –Step 5: Parents talk to the leadership team and make a plan to help you

Please encourage your child to continue to use the ‘Grievance Procedure for students at EAS’ flowchart. A copy has been included with this week’s newsletter.

Be Active News
With the Inter House soccer for years 4/5 and 6/7 heating up, years Reception to 2 were also keen to get in on the action. A dedicated group of year 1 students from room 7 has assisted in the organisation of teams for Flinders, Light, Stuart and Sturt. This will be the first Inter House competition for these ages. Our first trial run was this Thursday with round robin games set to start this Thursday.

A reminder that students from Reception to Year 2 have access to the Yard B grassed area for kicking games, at recess and lunch, every day of the week. Years 3-7 have access to the Park for kicking games.

Wellbeing Articles Heysen Noticeboard
This fortnight’s latest articles are on making the most of parent-teacher interviews and the importance of school attendance.

Lee Hayes
Wellbeing Coordinator
Lee.Hayes750@schools.sa.edu.au
After School Sport News

After School Sports Wrap
East Adelaide Netta Blue showed some great spirit on Friday night when they were down at three quarter time and managed to win by 2 goals. There was fast passing down the court, multiple intercepts and some great goals. Well done on a great team effort Netta Blue.

Winter Sports 2016
Winter Registrations have now closed however there are some sports with spots available for keen students. The following sports require players;
- The Year 2/3 Football Team requires 5 players
- The Year 6/7 Football Team requires 5 players
- Netta Netball Division requires 2 players
If you are interested in participating, please complete and return a winter registration form at your earliest convenience. These spots will fill fast, and the first students who return the registration form will receive these spots. Please email me if you have any questions (email below).

Coaches needed
This year we will be entering 5 soccer teams into the Eastern Zone Primary Schools Soccer Association, however we currently only have 2 nominated coaches. We are also in need of 2 netball coaches, and 2 basketball coaches. If you have ever wanted to coach, or if you have the time, please think about volunteering to allow these students to participate in the competition. Coaches do not require any experience in coaching, or playing the given sport. Coaches only require a DCSI Clearance and Mandatory Training (RAN), with all costs associated covered by the school. If you are interested in coaching, please email me at your earliest convenience.

Summer Sports Presentation Night
The 2015-2016 Summer Sports Presentation Night will be held on Friday 27th May at 6:00pm in the School Gym. If you participated in Cricket, Netball, Basketball, Milo In2Cricket, Netball Skills or Cheerleading in Term 4 2015 or Term 1 2016 you are invited to attend the evening as you will be presented with either a trophy, medallion or certificate. We had a great turnout last year, and are hoping for the same this year. Please put this date in your diaries and invite your family and friends. It is sure to be a great night!

Catherine Natale
Sports Coordinator
Catherine.Natale738@schools.sa.edu.au
Monday / Tuesday / Wednesday / Friday

Microsoft Surface 3 Bundle Offer
IP Partners and East Adelaide School are offering students a bundle package through the BYOD program. Included is:
- Surface 3 tablet
- 64GB internal memory
- Windows 10
- Keyboard cover and stylus
$755 (inc GST)
*Offer valid until June 23, 2016 only through the EAS BYOD portal

Uniform Shop News
Summer Dresses have now arrived and will be available from the Uniform Shop on Monday 21 March.

Parents and Friends News
To subscribe to the Parents and Friends email distribution group, please send an email to listserv@lists.schools.sa.edu.au with a message body of subscribe EAS-GC_ParentsFriends
There is no need to include a subject line or any other information in the email and please ensure your email signature is removed.

To unsubscribe to the Parents and Friends email distribution group, please send an email to listserv@lists.schools.sa.edu.au with a message body of signoff EAS-GC_ParentsFriends
There is no need to include a subject line or any other information in the email and please ensure your email signature is removed.

Please contact Linda at the Front Office on 8362 1622 if you have any queries.
Physical Education News

All Physical Education lessons for Term 1 in 2016 are of 50 minutes duration with the following format:

- Fitness (approx. 10 minutes)
- Skill Development (approx. 25 minutes)
- Minor-Games-modified rules (approx. 10 mins)
- Reflection (approx. 5 minutes)

We have focused on ‘Moving Our Body’ - ‘Understanding Movement’ and ‘Learning Through Movement’, emphasising challenge and adventure activities: fundamental movement skills: games and sports: lifelong physical activities: rhythmic and expressive movement activities

**ENJOYMENT—FAIR PLAY—BE ACTIVE—COLLABORATION—LEARNING—FUN**

Objectives:

<table>
<thead>
<tr>
<th>Participate in games with and without equipment</th>
<th>Identify and describe how their body moves in relation to effort,</th>
<th>Identify rules and play fairly when participating in physical</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practise and apply movement concepts and strategies</td>
<td>Examine the benefits of physical activity and physical fitness to health and wellbeing</td>
<td>Apply basic rules and scoring systems, and demonstrate fair play when participating</td>
</tr>
<tr>
<td>Practise specialised movement skills and apply them in different movement situations</td>
<td>Participate in physical activities designed to enhance fitness, and discuss the impact regular participation can have on health and wellbeing</td>
<td>Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities</td>
</tr>
</tbody>
</table>

**Skills Developed:**

Side-steps/ Jumping/ Lunging—Develop an understanding of using space and height—Develop hand-eye-feet coordination in fitness movements—Shuttle Runs/ Beep Test—Understand how to propel a ball, by hand and foot accurately towards a target—Understand how to cooperatively work with a partner whilst learning basic skills—Batting/Fielding/Bowling—Develop skills to successfully appreciate and master skills in a cricket environment. Cooperatively use skills with a group of players under specific rules of play.

**Activities:**

- **Hockey Skills:** Develop skills and techniques to successfully engage in Hockey activities. Develop partner work and tactics for playing as a team.

**Taught and Bowled:**

R-3 classes – X-Sports Program (fundamental motor skills), Y4-7 – Cricket focused activities
Be Active Sports Day Programme  
Friday 15 April 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.45am - 8.50am</td>
<td>Students in classrooms</td>
</tr>
</tbody>
</table>
| 8.55am - 9.25am | Students to assemble in the park  
Opening and Captain’s speeches  
House chants  
Whole school warm up led by Year 6 and 7 students |
| 9.25am - 9.55am | Year R-2 Return to class for healthy snack, drink and toilet break       |
| 10.00am - 12.20pm | Year R-2 Tabloid Events (Recess 10:40-11:00am IN CLASS)  
Year 3-7 Tabloid Events (Recess 11:10-11:30am IN CLASS) |
| 12.20pm - 12.50pm | Year R-2 Collect lunches and eat AT THE PARK  
Grand Relay - Year R-2  
Year 3-7 Collect lunches and eat IN CLASS |
| 1.10pm - 1.30pm | House chants  
Years 3, 4, 5, 6 and 7 - Be active relays (pack-up equipment/eat healthy snack)  
*Students will be selected for these races prior to the day.  
Grand Relay - Year 3-7  
Presentations |
| 2.30pm         | Official school finish time – Last Day of Term                            |

Student requirements:
- Students **must** wear a wide brimmed, bucket or legionnaire hat.
- Appropriate sun-safe sports attire so shoulders are covered.
- Sunscreen applied before students come to school and will be reapplied throughout the day.
- Appropriate footwear - sports shoes / sneakers are a must!
- Healthy snack, recess, lunch (or a prepaid lunch order) and water bottle.

Canteen
*For parents:* Coffee and cake will be available from 9:30am* throughout the day and a sausage sizzle will be available from 10:00am*.
*For students:* Lunch is pre-ordered.  
*Subject to change*

Students are encouraged to wear a t-shirt in their house colour. House colours are as follows:
- Flinders is red  
- Sturt is yellow  
- Light is blue  
- Stuart is green

*We hope you can join us and support the students on Sports Day!*
SAPSASA Swimming News

East Adelaide School Swimming Results: East Adelaide District Swimming Trials - Tuesday 8 March 2016

Congratulations to the East Adelaide School Students on being selected in the East Adelaide SAPSASA Swimming Team to compete in the State Metro Championships on Thursday 17 March. Alanna H; Brendon H; Clayton H; Thomas M; Jake M; and Hamish S-Y.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>100 m Freestyle</th>
<th>50m Freestyle</th>
<th>50m Backstroke</th>
<th>50m Breaststroke</th>
<th>50m Butterfly</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 Yrs</td>
<td>HOLLY B</td>
<td>15th</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>CLAYTON H</td>
<td>1st</td>
<td>1st</td>
<td>1st</td>
<td></td>
<td></td>
<td>60</td>
</tr>
<tr>
<td></td>
<td>JAKE M</td>
<td>4th</td>
<td>3rd</td>
<td>8th</td>
<td>6th</td>
<td></td>
<td>31</td>
</tr>
<tr>
<td></td>
<td>TOMMY M</td>
<td></td>
<td>3rd</td>
<td>15th</td>
<td></td>
<td></td>
<td>24</td>
</tr>
<tr>
<td></td>
<td>GRACE W</td>
<td>14th</td>
<td>15th</td>
<td>9th</td>
<td></td>
<td></td>
<td>14</td>
</tr>
<tr>
<td>11 Yrs</td>
<td>JASLYN W</td>
<td></td>
<td></td>
<td>10th</td>
<td></td>
<td></td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>MIA C</td>
<td>16th</td>
<td>8th</td>
<td></td>
<td></td>
<td></td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>PATRICK H</td>
<td>8th</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>HAMISH S-Y</td>
<td>2nd</td>
<td>3rd</td>
<td>9th</td>
<td>1st</td>
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<td>53</td>
</tr>
<tr>
<td></td>
<td>TAYLOR P</td>
<td>14th</td>
<td></td>
<td>14th</td>
<td></td>
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<td>6</td>
</tr>
<tr>
<td></td>
<td>JOSH P</td>
<td></td>
<td>9th</td>
<td></td>
<td></td>
<td></td>
<td>9</td>
</tr>
<tr>
<td></td>
<td>BRENDON H</td>
<td>3rd</td>
<td>1st</td>
<td>1st</td>
<td></td>
<td></td>
<td>56</td>
</tr>
<tr>
<td></td>
<td>GRACE M</td>
<td>6th</td>
<td>5th</td>
<td>5th</td>
<td></td>
<td></td>
<td>41</td>
</tr>
<tr>
<td></td>
<td>SOPHIE P</td>
<td>9th</td>
<td>12th</td>
<td>7th</td>
<td></td>
<td></td>
<td>26</td>
</tr>
<tr>
<td>12 Yrs</td>
<td>HANNA W</td>
<td>13th</td>
<td>14th</td>
<td>19th</td>
<td></td>
<td></td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>THOMAS M</td>
<td>3rd</td>
<td>4th</td>
<td>3rd</td>
<td></td>
<td></td>
<td>47</td>
</tr>
<tr>
<td></td>
<td>AXEL C</td>
<td>14th</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>13 Yrs</td>
<td>LARA S</td>
<td>15th</td>
<td></td>
<td>10th</td>
<td></td>
<td></td>
<td>9</td>
</tr>
<tr>
<td></td>
<td>ALANNA H</td>
<td>2nd</td>
<td>3rd</td>
<td>1st</td>
<td></td>
<td></td>
<td>53</td>
</tr>
</tbody>
</table>
**Grievance Procedure for students at EAS**

1. **Step 1**
   - Talk to the person and tell them to stop.
   - I’m OK

2. **Step 2**
   - Talk to the teacher.
   - I’m OK

3. **Step 3**
   - Talk to a member of leadership.
   - I’m OK

4. **Step 4**
   - Talk to your parents so they can talk to your teacher
   - I’m OK

5. **Step 5**
   - Parents talk to the leadership team.
   - I’m OK

**Keywords**

- Respect
- Responsibility
- Resilience
- Relationships

- HELP!

- Vicki
- Kate
- Lucia

- All is cool
- I’m happy
East Adelaide School
Grievance Procedures 2016

At East Adelaide School we are all members of a community who inspire learners to be compassionate, creative and engaged citizens for the future. We expect all students to learn and play in a safe environment that is free from harassment or bullying. Our values of Respect, Responsibility, Relationships and Resilience reflect the school’s high expectations of students, supporting them to become responsible community members. Positive relationships between our school and the community provides effective communication ensuring issues are resolved promptly. When issues arise, the following guidelines may assist to resolve them.

It is important that grievances are kept confidential for positive working relationships to be restored.

<table>
<thead>
<tr>
<th>STUDENT(S)</th>
<th>PARENT(S)/CAREGIVER(S)</th>
<th>TEACHER(S)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Talk to the person about what is upsetting you and tell them to stop the behaviour.</td>
<td>1. Arrange a time to speak to the relevant teacher(s) about the issue at a mutually convenient time to ensure that adequate time is set aside to address the problem.</td>
<td>1. Arrange a time to speak to the person concerned.</td>
</tr>
<tr>
<td>2. Talk to a teacher who can support you to resolve the issue.</td>
<td>2. Let the teacher know what you consider to be the issue.</td>
<td>2. Allow reasonable time for the issue to be addressed.</td>
</tr>
<tr>
<td>3. Talk to a member of the leadership team who can also support you to address the issue.</td>
<td>3. Allow a reasonable time frame for the problem to be addressed.</td>
<td>3. If the grievance is not resolved speak to your Principal/line manager or nominated grievance contact (WHS, AEU or PAC).</td>
</tr>
<tr>
<td>4. Inform your parent(s)/caregiver(s) so that they can talk to your teacher.</td>
<td>4. If the grievance is not addressed make an appointment with the Principal, Deputy or Senior Leader. Let them know details about the problem as they may need to gather information.</td>
<td>4. Ask the support personnel to speak to the person involved on your behalf, monitor the situation, investigate your concern and/or act as a mediator.</td>
</tr>
<tr>
<td>5. Inform your parent(s)/caregiver(s) so that they can talk to a member of the leadership team.</td>
<td>5. If you are not satisfied that your complaint has been resolved by the school you may contact the DECD Parent Complaint Unit on 1600 677 435.</td>
<td>5. If you decide to lodge a formal complaint refer to the 'DECD Complaint Resolution for Employees Procedure'. <a href="http://www.decd.sa.gov.au/staff/files/lnk/DECD_COMPLAINT_RESOLUTION.pdf">Link</a></td>
</tr>
</tbody>
</table>


6. If the issue is unresolved you may contact the Education Director, Greg Petherick (Phone Felixstow Office on 8366 8864).
High School Open Days

The Norwood Morialta High School
Open Night – Middle Campus Morialta Road West, Rostrevor
Tuesday 5 April 5.30pm to 7.30pm

Glenunga International High School
Friday 20 May; Friday 20 September; Friday 21 October 8.55am – 10am
Registration for School Tour is required www.gihs.sa.edu.au and follow the link under News Flash on Home Page.

Roma Mitchell Secondary College
Wednesday 23 March 3.30pm – 7.00pm | Information Session at 6.00pm
For further information call 8161 4600 or email dl.1902.info@schools.sa.edu.au

Urrbrae Agricultural High School
Tuesday 22 March 9.30am – 11.30am or 1.00pm – 3.00pm or 6.00pm – 8.00pm
For further information call 8372 6955 or email dl.0798.admin@schools.sa.edu.au

Adelaide High School
Wednesday 23 March 5.30pm – 8.00pm
For further information call 8231 9373 or email office@adelaidehs.sa.edu.au
Community News

Appleton Sports School Holiday AFL Football Academy
Where: Scotch College Carruth Road, Torrens Park
When: Wednesday 27 and Thursday 28 April 2016
What: Coaching Academy (Children aged 5-11 years)
Pathway Academy (Children aged 12-17 years)
Times: 9:00am–12:00pm Coaching and Pathway Academy
Cost: Coaching Academy - $80.00 per child (Inc. GST) for the 2 days
For further information please contact – Jeremy Appleton on 0408 490 079 or Email jeremy@appletonsports.com.au

Anglicare SA need more Foster Families for more information visit www.anglicaresa.com.au/fosterfamilies

SA ATHLETICS ACADEMY
STARTING SUNDAY, 10TH APRIL 2016

LOCATION: SA Athletics Stadium, 185 Hindley Terrace, Mile End 5031
SQUADS: Bronze, Silver and Gold
TIMES: Gold (1-Tim-Top), Silver (1-Tim-4-Tim), Bronze (Top-5-Top)

WHY SHOULD YOU BE INVOLVED?
1. Open to all athletes from 9-14 years old!
2. Commitment of only one Tuesday a month for 8 months.
3. Competitive & non-competitive events.
4. Coaching provided by highly qualified and experienced coaches to all track and field events to improve the athlete’s overall athletic ability.
5. Educational theory sessions for Silver and Gold squads.

FOR MORE INFORMATION & TO REGISTER, VISIT: sites.org.au/SAAthleticsAcademy
esl@AoA.com.au/SAAthleticsAcademy

High Performance Tennis is offering a Free ANZTennis Hot Shots intro lesson for all new participants at EAP Tennis Club.
Program specifically designed for kids aged 3-12 years. Registration required by March 31st to redeem this offer. Start your tennis journey today!

0422 752 118
info@eaptennis.com.au

When: SAT 23RD APRIL 2016 - CAME ALONG BETWEEN 10:00AM - 12:00PM
WHERE: EAST TERRING PARKENHAM TENNIS CLUB
20 THORNE ST, PAYNEHAM (NEAR THE PAYNEHAM POOL)
WHY: BAGS AND BOWLS. GIVE IT A TRY!
SEATING SUGGESTIONS: KAY AND DRINK KETTLE
ALL LACROSSE EQUIPMENT WILL BE SUPPLIED
FOR MORE INFORMATION PHONE BAGGIE ON 0403 080 135 OR EMAIL JEREMY@APPLETONSPORTS.COM.AU