From the Principal

Governing Council 2019

We farewell and thank you to the following outgoing members of the Governing Council:

Anna Pannell
Troy Thomson
Tony Butler
Sally Pfitzner
Julia Winefield
Megan Halliwell

The members of the Governing Council for 2019 are:

Vonh Ho
Lauren Roberts
Jamie Coombs
Michael Coggan
Esther Chew
Diana Stratford
Luke Saturno
Josh Sutton
Lucy Johnson
Jan Johnston
Sandy McCathie
Tom Pontt
Hugh Bailey

Welcome to our new members:

Christian Nolden
Erica Pennington
Peter Nugent
David Bean
Simon Betchley
Chris Keane
Catherine Manuelli

The teaching staff representatives include:

Belinda Robertson
Vicki Angel & Nadia Plawecki who will share the role.

The Governing Council executive includes:

Chairperson: Lauren Roberts
Vice Chairperson: Esther Chew
Treasurer: Jan Johnston
Secretary: Jamie Coombs

Sub-committees of Governing Council include:

OSHC
Canteen
Assets and Landscaping
Finance
Education
After School Sports
Parents and Friends

These committees meet twice a term prior to Governing Council meetings. If you would like to become a member of one of our sub-committees and would like information, please contact me. You do not need to be a member of Governing Council to have membership of sub-committees. Dates and times for the first meeting of each sub-committee will be emailed to those who express an interest in joining.

Working parties include:

Future Development of Learning Environ
School Fair
These working parties are keen for new membership.

Please contact me via email: vicki.stravinski406@schools.sa.edu.au for more information on both the work of sub committees and working parties.

Vicki Stravinski

Induction Meeting for New Class Parent Reps
Monday 4 March 9am in the staffroom

Please come and join me for an induction meeting of new class reps where I cover the role of the rep and respond to your questions and queries.

Dates to Remember

Wednesday 6 March
6.30pm Madhavi Parker – Positive Discipline Workshop for all parents

Monday 11 March
Public Holiday – Adelaide Cup

Tuesday 12 March
Pupil Free Day

Friday 15 March
Assembly 9.10am

Tuesday 26 March
5.30pm Reading/Maths Parent Workshop

Thursday 11 April
Be Active Sports Day

Friday 12 April
Last Day of Term
2.30pm dismissal

WHAT'S INSIDE

News from Year 2 students
High School Information Sessions
Be Active Sports Day – House Tops

Be Active Sports Day will be held on 11 April. This year families have the opportunity to purchase House coloured tops which can be ordered from UMS. The unisex, coloured tops will feature the House name printed on the back. Order forms have been sent home with your child. Payment is to be made to UMS and not Qkr! Completed order forms can be submitted to the Front Office by Friday 15 March 2019.

Uniform Management Services

UMS current opening hours are as follows:
- East Adelaide School Site -
  Tuesday 2.30pm - 4.00pm
  Friday 8.15am - 9.30am (School Terms only)

- Norwood UMS Store -
  1/6 Montrose Avenue, Norwood
  Monday to Friday 9.00am - 5.00pm
  Norwood store open first Saturday of the month
  9.00am - 12.00pm, telephone 8363 5255


Committee Meetings Term 1

Governing Council
7.00pm Tuesday 19 March

Asset and Landscape Committee
8.00am Wednesday 13 March

Education Committee
6.30pm Tuesday 12 March

Canteen Committee
8.00am Wednesday 13 March

Finance Committee
8:00am Tuesday 12 March

Out of School Hours Care Committee
6:30pm Tuesday 5 March

Parents and Friends Committee
6:30pm Tuesday 5 March

After School Sports Committee
8.00am Wednesday 6 March

Excursions & Events

6 March  SAPSASA Adelaide East District Swimming Carnival

2019 SCHOOL FEES
Reminder due 4 March 2019

Invitations for the 2019 Materials and Services fees, Excursion Levy, and the tax deductible Library and School Building Fund donations have been posted home. If you have not received your 2019 fees, please contact the school Front Office.

The following payment options are available:

Qkr! App
Download the free app to make school payments such as school fees and the excursion levy.

Via School Website
Direct debit or credit card payments can be completed online via the school website.

Direct Debit Payments By Instalments
Payments by instalments via direct debit is available, allowing you to set how much you wish to pay each week/fortnight/month, until the school fees are paid in full. Please submit completed Student Instalment Agreement to the Front Office or the payment box located at the Cashier by Monday 4 March 2019.

Payment at East Adelaide School
Payments can be made in person at the Cashier, Monday and Tuesday 8.30am – 9.15am and Thursday 2.30pm – 3.30pm during Term 1. Credit card and cheque payments can also be lodged in the payment box, located at the Cashier/Uniform Shop.

All fees are payable in full by 4 March 2019, unless a Student Instalment Agreement has been submitted to Finance.

Further information regarding school fees is available from Cleo Colangelo, Business Manager, via email at cleo.colangelo85@schools.sa.edu.au

Road Crossing Monitors

<table>
<thead>
<tr>
<th></th>
<th>Week 6</th>
<th></th>
<th>Week 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30 - 8.50am</td>
<td>Stella M</td>
<td>Eliza P</td>
<td>Maddi W</td>
</tr>
<tr>
<td>3.10 - 3.30pm</td>
<td>Christian</td>
<td>Demetri</td>
<td>Marcus</td>
</tr>
<tr>
<td>8.30 - 8.50am</td>
<td>Alyssa</td>
<td>Hannah</td>
<td>Angel</td>
</tr>
<tr>
<td>3.10 - 3.30pm</td>
<td>Archer</td>
<td>Sasha</td>
<td>Devina</td>
</tr>
</tbody>
</table>
Growth Mindset

The students in rooms 8,9,10,15 &16 have been doing work on ‘Growth Mindset’. Growth mindset is when people believe that their most basic abilities can be developed through dedication and hard work.

This view creates a love of learning and a resilience that is essential for great accomplishment.

Teaching a growth mindset creates motivation and productivity in education and enhancing relationships.

Learning in English & Maths

In English, we have been working on sentence structure. In writing, we are identifying and using the When? Who? Doing What? Where? and Why? The more detail we use, the better we can share our ideas.

In Maths, we have been working on our Place Value. Learning about Place Value helps us understand the meaning and order of a number. We are developing an understanding of this concept through mental routines, problematised situations and a reflection of learning.

To support your child at home, you could work on skip counting by 2’s, 5’s and 10’s beyond 100. This can be done together in a fun way by timing each other e.g. “How long will it take me to brush my teeth?” “Can you time me by skip counting in 2s?”
FROM THE STUDENT ENGAGEMENT AND WELLBEING COORDINATOR

The dangers of online Cyberbullying

Today our students are brought up in a world of technology. Our students have access to smart phones, ipads and laptops just to name a few and these all have cameras and the internet connected. Recently I attended a workshop presented by Susan McLean. Susan McLean is one of Australia’s foremost expert in the area of cyber safety and young people. Susan works with a range of organisations, including schools, adolescent psychologists, medical practitioners, elite sporting groups such as the AFL and Cricket Australia. Susan McLean was a member of the Victoria Police for twenty seven years. Susan has also written “Sexts, Texts & Selfies (how to keep your children safe in the digital world) “.

She spoke about the importance of parenting and how difficult it can be to say no to our children when they demand to have access to online sites and apps. These days if children don’t have access to Facebook or Snapchat they are considered to be part of the minority. As parents we want our students to be included. Susan McLean said if we are allowing our children to access these apps (Instagram and Snapchat) we are teaching them that it is okay to lie, because the legal age for these sites is 13. I found this very confronting but also true. Cyberbullying is when people are repeatedly mean, nasty, horrible, harassing and or threatening to each other using the internet or mobile phone technologies.

<table>
<thead>
<tr>
<th>Different types of Cyberbullying</th>
<th>What will your child be exposed to online?</th>
<th>Cyberbullying is NOT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Repeated nasty messages</td>
<td>Online pornography</td>
<td>One nasty message</td>
</tr>
<tr>
<td>Spreading of lies and rumors</td>
<td>Cyberbullying</td>
<td>Not including them</td>
</tr>
<tr>
<td>Sharing sexually explicit images</td>
<td>Sexting</td>
<td>Someone not playing with them</td>
</tr>
<tr>
<td>Using a person’s screen name to pretend to be them</td>
<td>Grooming</td>
<td>Someone blocking your child because they were mean</td>
</tr>
<tr>
<td>Intentional exclusion</td>
<td>Problematic Gaming</td>
<td></td>
</tr>
<tr>
<td>Forwarding or liking bullying comments</td>
<td>Violent content</td>
<td></td>
</tr>
<tr>
<td>Posting threats to harm</td>
<td>Digital reputation issues</td>
<td></td>
</tr>
</tbody>
</table>

Where can these types of behaviours occur?
They can be found on any site, game, app or platform that allows one person to communicate with another. Some, of course are more problematic than others. Attached is an article by Michael Grose who talks about the importance of keeping kids safe in a cyber world.

Yiota Seindanis

News from OSHC

Please ensure that families let the service know if their children will not be attending OSHC for a session. Our OSHC mobile is 0423 782 668 and a simple text message is sufficient for a cancellation. Alternatively, families may email dl.1036.oshc@schools.sa.edu.au to cancel.

- We are offering Tennis for R-4 children on a Thursday afternoon and Yoga on a Tuesday for children at no additional cost.
- Vacation Care program will be released in Week 9 with bookings commencing in Week 10.

If your child is bringing a laptop to OSHC either before school or after school, please ensure it is locked away in our kitchen cabinet, if it is not being used, to ensure these devices remain locked away for safety.
SAPSASA Swimming News

Congratulations to the following students who will be representing East Adelaide School at the East Adelaide District Swimming Trials to be held at the Norwood Swimming Centre on Tuesday 5 March.

Anthony Prizzi
SAPSASA Sports Coordinator
Anthony.prizzi269@schools.sa.edu.au

<table>
<thead>
<tr>
<th>Student</th>
<th>Event(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clayton H</td>
<td>50m Freestyle; 50m Backstroke; 50m Butterfly</td>
</tr>
<tr>
<td>Elsa M</td>
<td>50m Freestyle; 50m Breaststroke</td>
</tr>
<tr>
<td>Isabelle R</td>
<td>50m Freestyle; 50m Breaststroke; 50m Butterfly</td>
</tr>
<tr>
<td>Leopold K</td>
<td>50m Freestyle; 50m Backstroke; 50m Butterfly</td>
</tr>
<tr>
<td>Holly B</td>
<td>50m Freestyle; Open Aged 100m Freestyle Girls; 50m Breastroke</td>
</tr>
<tr>
<td>Samuel C</td>
<td>50m Freestyle</td>
</tr>
<tr>
<td>Imogen J</td>
<td>50m Freestyle; 50m Backstroke; Open Aged 100m Freestyle Girls</td>
</tr>
<tr>
<td>Chloe N</td>
<td>50m Freestyle; Open Aged 100m Freestyle Girls; 50m Breastroke</td>
</tr>
<tr>
<td>Jordan P</td>
<td>50m Freestyle</td>
</tr>
<tr>
<td>Azalie C</td>
<td>50m Freestyle; 50m Breaststroke</td>
</tr>
<tr>
<td>Harry M</td>
<td>50m Freestyle; Open Aged 100m Freestyle Boys</td>
</tr>
<tr>
<td>Doyle P</td>
<td>50m Freestyle; 50m Backstroke</td>
</tr>
<tr>
<td>Zenya Z</td>
<td>50m Freestyle; 50m Backstroke; 50m Breastroke</td>
</tr>
<tr>
<td>Max K</td>
<td>50m Freestyle; 50m Breaststroke</td>
</tr>
<tr>
<td>Cooper S</td>
<td>Open Aged 100m Freestyle Boys; 50m Freestyle; 50m Backstroke</td>
</tr>
<tr>
<td>Stella M</td>
<td>50m Backstroke</td>
</tr>
<tr>
<td>Luca M</td>
<td>50m Breaststroke; 50m Backstroke; 50m Butterfly</td>
</tr>
<tr>
<td>Joshua L</td>
<td>50m Breaststroke; 50m Butterfly</td>
</tr>
<tr>
<td>Lucille M</td>
<td>50m Backstroke</td>
</tr>
<tr>
<td>Dylan B</td>
<td>50m Backstroke; 50m Butterfly; 50 Breastroke</td>
</tr>
<tr>
<td>Aleisha N</td>
<td>50m Backstroke</td>
</tr>
<tr>
<td>Jasper D</td>
<td>50m Backstroke</td>
</tr>
<tr>
<td>Max L</td>
<td>50m Backstroke; 50 Breastroke</td>
</tr>
<tr>
<td>Simone B</td>
<td>50m Backstroke</td>
</tr>
<tr>
<td>Sahara S</td>
<td>50m Backstroke</td>
</tr>
<tr>
<td>Jeron W</td>
<td>50 Breastroke</td>
</tr>
<tr>
<td>Harrison F</td>
<td>50 Breastroke</td>
</tr>
</tbody>
</table>

After School Sports News

The After School Winter Netball nomination forms have been handed out to all current summer players today. These forms also include news regarding the move to a netball dress for the Winter season. A sample of the dress will be available for viewing in the Front Office from Monday 4 March. Nominations are due Friday 8 March. Should you have any questions or require further information, please email Craig at craig.ward383@schools.sa.edu.au.

Craig Ward
After School Sport Coordinator
Monday, Wednesday, Friday
High School Information Sessions

Marryatville High School
Special Interest Music Centre
INFORMATION EVENING
Thursday 21 March 2019
7.00 - 8.00pm

The Forge Theatre
Marryatville High School
MARRYATVILLE
Information about the Special Interest Music Centre, course structures, curriculum and selection process.
For information about the event call 8304 8431

Glenunga International High School
Information Night
International Baccalaureate Diploma
KNIGHT (Gifted and Talented)
Please register! Ask the questions!
Thursday 7 March 2019 6:15pm until 7:45pm
Open Day
See a world class 21st century school in action
Friday 8 March 2019 10:00am until 3:30pm

Non scholae sed vitae
Not only for school but for life

Adelaide High School Open Night
Wednesday 20 March 2019 5:30pm – 8:00pm
Online applications for Special Entry Program are available from the Enrolment Options page of the Adelaide High School website. Applications close on Friday 19 March, 2019.

Avenues College
OPEN DAY
Demonstrating students' learning and showcasing our facilities
Music and Arts Program
Hospitality - Café and Commercial Kitchen
Science and Technology Labs
Sports Education Pathway
Pedal Prix
Early Years Program
Primary Years Program
Sunday 31st March 2019
10.30am - 12.30pm
McKay Ave, Windsor Gardens
For more information please phone: 8261 2733
or visit: www.avenues-college.sa.edu.au

Parent Information Evenings
Thinking of changing your daughter to an all girls school?
Woden Girls High School is an outstanding public school that welcomes
We welcome interested families to join us at any of the following events. For further information, please contact the school.
Wednesday, 13th March
3:00pm - 4:30pm
20 P receptory, Woden
Tuesday, 19th March
3:00pm - 4:30pm
Woden Girls High School
91 McInerney Crescent, Woden
Sunday, 24th March
11:30am - 12:30pm
Woden Girls High School
91 McInerney Crescent, Woden
A girls' school – a public school – a modern school
Applying Student Conditions